

# Installation Guide

## 安裝說明書

VEHICLE APPLICATIONS  
適用車型

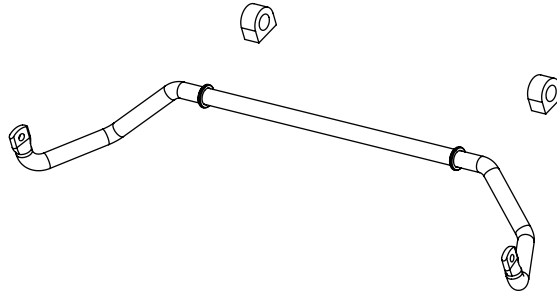
BMW 5 Series F10/F11/F07  
BMW 6 Series F12/F13

PART NO. 8870

### Contents 內含配件

※ 安裝過程請使用手動工具

1. 28mm前防傾桿 1PCS
2. 防傾桿固定橡皮 2PCS



### Installation tips 安裝提示

※ 防傾桿專用橡皮，已有加入自潤功能，無須添加潤滑劑



將下護板拆卸後即可直接更換前防傾桿

螺絲扭力參考值：

M8-60Nm  
M10-80Nm  
M12-100Nm  
M14-160Nm  
建議使用螺絲防鬆膠



### Warning 安全提示

Installation should only be performed by licensed mechanics who have the necessary skill and tools to do the job correctly and safely.

安裝需由合格的專業技師及工具執行，以確保安裝過程的正確與安全

When swapping the suspension kits, be sure to note the routing and mounting position of all wires, cables and bolts orientation, certain damage might be caused by reinstalling differently from the original factory position. Please refer to factory manual for proper installation and safety stands.

當更換您車輛的懸吊套件時，請記下您的線組與管線安裝位置，非原廠相同的安裝位置可能會造成元件之損壞，造成車輛的危險。請參考原廠車輛手冊